

Relistor is used to treat constipation caused by opioids in adults with long-lasting (chronic) pain.



**LEARN HOW RELISTOR MAY
HELP INCREASE THE NUMBER
OF SPONTANEOUS BOWEL
MOVEMENT EACH WEEK.**

Challenge your opioid-
induced constipation →

Indications

Relistor® (methylnaltrexone bromide) is a prescription medicine used to treat constipation in adults that is caused by prescription pain medicines called opioids.

- Relistor tablets and Relistor injection are used to treat constipation caused by opioids in adults with long-lasting (chronic) pain that is not caused by active cancer.
- Relistor injection is also used to treat constipation caused by opioids in adults with advanced illness or pain caused by active cancer and who need increases in their opioid dose for comfort care.

It is not known if Relistor is safe and effective in children.

Important Safety Information

- Do not take Relistor if you have a bowel blockage (called an intestinal obstruction) or have a history of bowel blockage.

Please see full Important Safety Information on page 13 and [click here](#) for full Prescribing Information for Relistor tablets and Relistor injection, including Medication Guide.

RELISTOR®
methylnaltrexone bromide
Tablets

RELISTOR®
methylnaltrexone bromide
Subcutaneous Injection

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Tablets

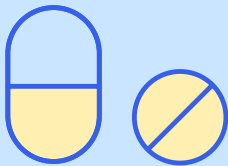
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CHECK YOUR GUT

Opioid-induced constipation (OIC) is a unique type of constipation that is a side effect of taking opioid pain medicine

Opioid treatment can help relieve moderate to severe pain. Unfortunately, opioid use often comes with the undesired effect of constipation. If you're taking opioid pain medicine and experiencing difficulty with bowel movements, you may have OIC.

OIC can last the entire time you continue taking your opioid medication. It is not likely to improve over time or with a change in opioid dose.



Some examples of opioids that can cause OIC include codeine, hydrocodone, morphine, oxycodone, fentanyl, and tramadol.

YOU'RE NOT ALONE

Many people who take opioid pain medication may become constipated

40%-80% of patients taking opioids for long-lasting (chronic) pain may experience opioid-induced constipation (OIC)

OIC symptoms can include



Not having bowel movements regularly (less than 3 per week)



Needing to push harder during a bowel movement



Dry, hard stools



Sense of incomplete emptying of your bowels



Bloating or pain in your stomach area

OIC can impact your daily bowel routine.

FEEL LIKE YOU HAVE TRIED IT ALL FOR YOUR OIC? YOU MAY REQUIRE A SPECIFIC KIND OF TREATMENT



Like others suffering from OIC, you may have already tried over-the-counter laxatives, diet changes, and exercise. The truth is, **OIC is a unique type of constipation that may require a specific kind of treatment.**

- OTC laxatives are intended for the treatment of occasional constipation, but are generally not meant for long-term use

- Some OTC laxatives should not be taken for longer than a week without consulting your healthcare provider
- Some common OTC laxatives include Miralax[®], Colace[®], and Senokot[®]

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In one survey, ~8 out of 10 patients reported still being constipated from opioids while taking OTC laxatives.

HOW RELISTOR WORKS?

Relistor works differently from over-the-counter (OTC) laxatives. It's an FDA-approved prescription treatment specifically designed to target the constipating effect opioids have in the gut, without impacting opioid pain relief in the central nervous system. Tell your healthcare provider if you experience any changes in your pain relief.

Opioids relieve pain by attaching to mu-opioid receptors in the central nervous system.

Opioids attach to mu-opioid receptors in your bowels. This can cause constipation.

Relistor can help keep opioids from attaching to mu-opioid receptors in the gut, decreasing the constipating effects.

Important Safety Information (continued)

- Relistor can cause serious side effects such as a tear in your stomach or intestinal wall (perforation). Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that is severe, does not go away, or gets worse, stop taking Relistor and get emergency medical help right away.

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CHECK RELISTOR

For adult patients with OIC and long-lasting (chronic) non-cancer pain:



Relistor may help increase the number of spontaneous bowel movements you have each week.^{*,†,‡}



Relistor can work quickly. You may have a bowel movement within 4 hours.^{*,†,‡}



Relistor injection is also available.^{*,†,‡}

* Individual results may vary.

† Based on a clinical study of 401 adult patients with opioid-induced constipation (OIC) and long-lasting (chronic) non-cancer pain treated with Relistor tablets or placebo (sugar pill).

‡ Based on a clinical study of 312 adult patients with OIC and long-lasting (chronic) non-cancer pain treated with Relistor injection or placebo injection.

Visit [Relistor.com](https://www.relistor.com) to learn more on how to take Relistor.

Relistor is available as a tablet or subcutaneous injection. Talk to your healthcare provider about which option may be best for you.

Important Safety Information (continued)

- Stop using Relistor and call your healthcare provider if you get diarrhea that is severe or that does not go away during treatment with Relistor.
- You may have symptoms of opioid withdrawal during treatment with Relistor including sweating, chills, diarrhea, stomach pain, anxiety, and yawning. Tell your healthcare provider if you have any of these symptoms.

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CHECK RELISTOR

For adult patients with OIC and advanced illness (eg, end-stage chronic obstructive pulmonary disease, or COPD; heart disease; Alzheimer's disease) or pain caused by active cancer and who need increases in their opioid dose for comfort care.



Relistor injection may help increase the number of bowel movements you have each week.^{*,†}



Relistor injection can work quickly. You may have a bowel movement within 4 hours.^{*,†}



Some patients who have a bowel movement within 4 hours may do so within 30 minutes.^{*,†}

* Individual results may vary.

† Based on a clinical study of 133 adult patients with advanced illness and OIC treated with Relistor injection or placebo injection.

Relistor injection is the only prescription medicine FDA-approved to treat OIC in adult patients with advanced illness or pain caused by active cancer and who need increases in their opioid dose for comfort care.

Important Safety Information (continued)

- Tell your healthcare provider if you have kidney or liver problems.
- Tell your healthcare provider if you have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.

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POSSIBLE SIDE EFFECTS OF RELISTOR

- Relistor can cause serious side effects, including a tear in your stomach or the wall of your intestine, called a perforation; diarrhea that is severe or does not go away during treatment with Relistor; and opioid withdrawal symptoms.
- The most common side effects in patients taking Relistor tablets include stomach (abdomen) pain, diarrhea, headache, swelling or feeling of fullness or pressure in your stomach (abdomen), sweating, anxiety, muscle spasms, runny nose, and chills.
- The most common side effects in patients taking Relistor injection in people with long-lasting (chronic) non-cancer pain include stomach-area (abdomen) pain, nausea, diarrhea, sweating, hot flush, tremor, and chills.
- The most common side effects in patients taking Relistor injection in people receiving treatment for their advanced illness include stomach-area (abdomen) pain, gas, nausea, dizziness, and diarrhea.
- Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Relistor. You may have others.

Important Safety Information (continued)

- Tell your healthcare provider if you are pregnant or plan to become pregnant. Taking Relistor during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with Relistor.
- Taking Relistor while you are breastfeeding may cause opioid withdrawal in your baby. You should not breastfeed during treatment with Relistor. You and your healthcare provider should decide if you will take Relistor or breastfeed. You should not do both.
- Also, tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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ELIGIBLE PATIENTS MAY PAY AS LITTLE AS \$0 FOR RELISTOR WITH A CO-PAY CARD

In 2020, 89% of eligible commercially insured patients that filled their prescription and used the co-pay card paid \$0.

SCAN THE
QR CODE BELOW
TO DOWNLOAD AND
ACTIVATE YOUR
CO-PAY SAVINGS
CARD.



If your healthcare provider has prescribed Relistor and you are an eligible commercially insured patient, you may benefit from a savings card and may pay as little as \$0 co-pay on your Relistor prescriptions.

Eligible patients can get a Relistor Instant Savings Card by calling 1-855-298-6939 or by visiting www.Relistor.com or scanning the QR code below. You will also receive refill reminders via text message.

Maximum benefits and other restrictions apply. Please see below for full eligibility criteria, terms, and conditions.



* **Eligibility Criteria, Terms and Conditions:** This offer is only valid for patients with commercial insurance, including commercially-insured patients without coverage for Relistor. Patients without commercial insurance are not eligible. For eligible patients, Salix Pharmaceuticals will be responsible to pay your co-pay/out of pocket expense for each eligible prescription fill using this savings card, maximum benefits apply. Please call 1-855-202-3719 for more information. Patient is responsible for all additional costs and expenses after the maximum limit is reached. This savings card can be used up to 12 times before the expiration date. You must activate this coupon before using it by visiting www.Relistor.com, calling 1-855-202-3719, or texting SaveNow to 24109. Message and data rates may apply. The full terms can be viewed at Relistor.copaysavingsprogram.com/sms-terms. This offer is not valid for any person eligible for reimbursement of prescriptions, in whole or in part, by any federal, state, or other governmental programs, including, but not limited to, Medicare (including Medicare Advantage and Part A, B, and D plans), Medicaid, TRICARE, Veterans Administration or Department of Defense health coverage, CHAMPUS, the Puerto Rico Government Health Insurance Plan, or any other federal or state health care programs. This offer is only good in the USA at participating retail pharmacies. This offer cannot be redeemed at other locations, including government-subsidized clinics or facilities. This offer is not valid where otherwise prohibited, taxed, or otherwise restricted. Patient is responsible for reporting receipt of co-pay assistance to any insurer, health plan, or other third party who pays for or reimburses any part of the prescription filled using the co-pay card, as may be required. This offer cannot be combined with other offers. This card has no cash value. No other purchase is necessary. This offer is nontransferable. No substitutions are permitted. This card is not health insurance. You understand and agree to comply with the terms and conditions of this offer as set forth above. Offer expires December 31, 2021. Salix Pharmaceuticals reserves the right to rescind, revoke, or amend this offer at any time without notice.

Important Safety Information (continued)

- In a clinical study, the most common side effects of Relistor tablets in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, diarrhea, headache, swelling or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.

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YOUR RELISTOR SUMMARY

Relistor is specifically designed to target the constipating effect opioids have in the gut.



Relistor may help increase the number of spontaneous bowel movements you have each week.^{*,†,‡}



Relistor can work quickly.
You may have a bowel movement within 4 hours.^{*,†,‡}



Relistor is available in two formulations for long-lasting (chronic) non-cancer pain patients.^{*,†,‡}

* Individual results may vary.

† Based on a clinical study of 401 adult patients with opioid-induced constipation (OIC) and long-lasting (chronic) non-cancer pain treated with Relistor tablets or placebo (sugar pill).

‡ Based on a clinical study of 312 adult patients with OIC and long-lasting (chronic) non-cancer pain treated with Relistor injection or placebo injection.

Important Safety Information (continued)

- In a clinical study, the most common side effects of Relistor injection in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, nausea, diarrhea, sweating, hot flush, tremor, and chills.
- In clinical studies, the most common side effects of Relistor injection in people receiving treatment for their advanced illness include: stomach-area (abdomen) pain, gas, nausea, dizziness, and diarrhea.

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CHECK IN WITH YOUR GUT

It's time to challenge your opioid-induced constipation (OIC) and your discomfort talking about it.

Below is a guide to check off your answers. Print it off and use it as a tool to help discuss your OIC with your healthcare provider.

- Remember:
- Healthcare providers know that OIC is a real issue—they just might not know that you're suffering from it
 - When you let your healthcare provider know what you're experiencing, he or she can help with the right kind of prescription medicine

Check off your answers

1 SINCE I'VE BEEN TAKING OPIOID PAIN MEDICINE, I TYPICALLY HAVE THIS MANY BOWEL MOVEMENTS IN A WEEK: 0-3 4-7 8+

2 HERE IS WHAT I'VE TRIED OVER TIME TO RELIEVE MY OIC (CHECK ALL THAT APPLY).

Lifestyle and dietary changes (such as increased movement, fiber, or liquids)

Over-the-counter laxatives from a pharmacy, such as:

- | | |
|---|--|
| <input type="checkbox"/> Miralax® | <input type="checkbox"/> Dulcolax® |
| <input type="checkbox"/> Senokot® | <input type="checkbox"/> Enemas |
| <input type="checkbox"/> Stool softeners (for example, Colace®) | <input type="checkbox"/> Fiber (for example, Metamucil®) |

Other _____

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3 ON A SCALE OF 1-7, HOW FRUSTRATED ARE YOU WITH YOUR OPIOID-INDUCED CONSTIPATION?

Not at all frustrated  1 2 3 4 5 6 7  Extremely frustrated

Check In With Your Healthcare Provider

INDICATIONS AND IMPORTANT SAFETY INFORMATION

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- Relistor can cause serious side effects such as a tear in your stomach or intestinal wall (perforation). Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that is severe, does not go away, or gets worse, stop taking Relistor and get emergency medical help right away.
- Stop using Relistor and call your healthcare provider if you get diarrhea that is severe or that does not go away during treatment with Relistor.
- You may have symptoms of opioid withdrawal during treatment with Relistor including sweating, chills, diarrhea, stomach pain, anxiety, and yawning. Tell your healthcare provider if you have any of these symptoms.
- Tell your healthcare provider if you have kidney or liver problems.
- Tell your healthcare provider if you have any stomach or bowel (intestine) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.
- Tell your healthcare provider if you are pregnant or plan to become pregnant. Taking Relistor during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with Relistor.
- Taking Relistor while you are breastfeeding may cause opioid withdrawal in your baby. You should not breastfeed during treatment with Relistor. You and your healthcare provider should decide if you will take Relistor or breastfeed. You should not do both.
- Also, tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
- In a clinical study, the most common side effects of Relistor tablets in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, diarrhea, headache, swelling or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.
- In a clinical study, the most common side effects of Relistor injection in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, nausea, diarrhea, sweating, hot flush, tremor, and chills.
- In clinical studies, the most common side effects of Relistor injection in people receiving treatment for their advanced illness include: stomach-area (abdomen) pain, gas, nausea, dizziness, and diarrhea.

You are encouraged to report side effects of prescription drugs to FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088. For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center Phone: 1-800-321-4576 Fax: 1-510-595-8183 Email: salixmc@diss.com

Please click [here](#) for full Prescribing Information for Relistor tablets and Relistor injection, including Medication Guide.



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