**CHECK IN WITH YOUR GUT**

It’s time to challenge your opioid-induced constipation (OIC) and your discomfort talking about it.

Below is a guide to check off your answers. Use it as a tool to help discuss your OIC with your healthcare provider.

**Remember:**
- Healthcare providers know that OIC is a real issue—they just might not know that you’re suffering from it.
- When you let your healthcare provider know what you’re experiencing, he or she can help with the right kind of prescription medicine.

**CHECK WHAT SYMPTOMS YOU ARE EXPERIENCING**

IF YOU’VE BEEN PRESCRIBED ANY OF THE FOLLOWING, YOU’RE TAKING A PRESCRIPTION OPIOID MEDICINE:

- OXYCODONE
- TRAMADOL
- CODEINE
- HYDROCODONE
- FENTANYL
- HYDROMORPHONE
- MORPHINE

**CHECK IF YOU’VE BEEN TAKING OPIOID PAIN MEDICINE, I TYPICALLY HAVE THIS MANY BOWEL MOVEMENTS PER WEEK:**

- 0-3
- 4-7
- 8+

**ON OPIOID MEDICATION FOR LONG-LASTING (CHRONIC) PAIN AND CONSTIPATED? YOU MAY HAVE OIC.**

**What are some opioid pain prescription medicines?**

- DOCOMOD (morphine)
- TRANADOL (tramadol)
- HYDROCODONE (hydrocodone)
- FENTANYL (fentanyl)

**Check Off Your Answers**

- **Less than 3 bowel movements per week**
- **Needing to push harder during a bowel movement**
- **Suffocating feeling in your abdomen**
- **Sense of incomplete emptying of your bowels**

**RELATOR® (methylnaltrexone bromide) is a prescription medicine used to treat constipation in adults that is caused by prescription pain medicines called opioids.**

**Indications**

- In clinical studies, the most common side effects of Relistor injection in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, diarrhea, headache, swelling or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.
- In a clinical study, the most common side effects of Relistor injection in people receiving treatment for their advanced illness include: stomach-area (abdomen) pain, gas, nausea, diarrhea, and chills.

**Important Safety Information**

- **Tell your healthcare provider if you have any stomach or bowel (intestine) problems, including stomach ulcer, Crohn’s disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie’s syndrome.**
- **Tell your healthcare provider if you have any of the following symptoms:**
  - Stomach-area (abdomen) pain
  - Diarrhea
  - Headache
  - Swelling or a feeling of fullness or pressure in your abdomen
  - Sweating
  - Anxiety
  - Muscle spasms
  - Runny nose
  - Chills
- **Tell your healthcare provider if you have any symptoms of opioid withdrawal during treatment with Relistor:**
  - In a clinical study, the most common side effects of Relistor tablets in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdominal) pain, diarrhea, headaches, swelling, or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.
- **You are encouraged to report side effects of prescription drugs to FDA.**
  - To report adverse events or product complaints, please contact:
  - Salix Product Information Call Center
  - Phone: 1-800-528-1047
  - Fax: 1-855-915-4593
  - Email: salixmc@dlss.com
  - Please click here for full Prescribing Information, including Medication Guide.