



YOUR GUIDE TO TAKING RELISTOR[®] TO HELP MANAGE YOUR OPIOID-INDUCED CONSTIPATION

Indications

Relistor[®] (methylnaltrexone bromide) is a prescription medicine used to treat constipation in adults that is caused by prescription pain medicines called opioids.

- Relistor tablets and Relistor injection are used to treat constipation caused by opioids in adults with long-lasting (chronic) pain that is not caused by active cancer.
- Relistor injection is also used to treat constipation caused by opioids in adults with advanced illness or pain caused by active cancer and who need increases in their opioid dose for comfort care.

It is not known if Relistor is safe and effective in children.

Important Safety Information

- Do not take Relistor if you have a bowel blockage (called an intestinal obstruction) or have a history of bowel blockage.

Please see additional Important Safety Information throughout and [click here](#) for full Prescribing Information for Relistor tablets and Relistor injection, including Medication Guide.

RELISTOR[®]
methylnaltrexone bromide
Tablets

RELISTOR[®]
methylnaltrexone bromide
Subcutaneous Injection

WHY DID MY HEALTHCARE PROVIDER PRESCRIBE RELISTOR?

Your healthcare provider has diagnosed you with opioid-induced constipation (OIC).

Opioid treatment can help relieve moderate to severe pain. Unfortunately opioid use often comes with the undesired effect of constipation.

Relistor is a prescription medicine used to treat constipation caused by opioids in adults with long-lasting (chronic) non-cancer pain.

Relistor helps treat the cause of your OIC in a way that over-the-counter laxatives may not.

OIC CAN LAST THE ENTIRE TIME YOU'RE TAKING YOUR OPIOID PAIN MEDICINE.

It is not likely to change over time or with a change in opioid dose.



Relistor was designed to help treat OIC without impacting pain relief from opioid pain medicine. Your constipation may come back if you stop taking Relistor and are still taking your opioid pain medicine.

Important Safety Information (continued)

- Relistor can cause serious side effects such as a tear in your stomach or intestinal wall (perforation). Stomach pain that is severe can be a sign of a serious medical condition. If you get stomach pain that is severe, does not go away, or gets worse, stop taking Relistor and get emergency medical help right away.
- Stop using Relistor and call your healthcare provider if you get diarrhea that is severe or that does not go away during treatment with Relistor.

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TWO FORMULATIONS AVAILABLE

The only OIC prescription treatment available in two formulations.

Relistor tablets are for:

- adult patients with long-lasting (chronic) non-cancer pain.

Relistor subcutaneous injection is for:

- adult patients with advanced illness or pain cause by active cancer and who need increases in their opioid dose for comfort care
- adult patients with long-lasting (chronic) non-cancer pain.

Important Safety Information (continued)

- You may have symptoms of opioid withdrawal during treatment with Relistor including sweating, chills, diarrhea, stomach pain, anxiety, and yawning. Tell your healthcare provider if you have any of these symptoms.
- Tell your healthcare provider if you have kidney or liver problems.
- Tell your healthcare provider if you have any stomach or bowel (intestines) problems, including stomach ulcer, Crohn's disease, diverticulitis, cancer of the stomach or bowel, or Ogilvie's syndrome.

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HOW TO TAKE RELISTOR TABLETS

Relistor tablets should be taken daily, as directed by your healthcare provider.



Stop taking other laxatives before you start taking Relistor. You may resume laxatives after 3 days if needed.



Take three 150-mg tablets, for a total of 450 mg each day, in the morning. Take Relistor only during use of your opioid medicine. Your healthcare provider may change your dose if you have kidney or liver problems.



Relistor should be taken at least 30 minutes before eating your first meal of the day. Do not eat food right before taking Relistor.



Take Relistor with a cup of water.

Even if you do not feel constipated, do not make changes to your medication schedule without talking to your healthcare provider.

Important Safety Information (continued)

- Tell your healthcare provider if you are pregnant or plan to become pregnant. Taking Relistor during pregnancy may cause opioid withdrawal symptoms in your unborn baby. Tell your healthcare provider right away if you become pregnant during treatment with Relistor.
- Taking Relistor while you are breastfeeding may cause opioid withdrawal in your baby. You should not breastfeed during treatment with Relistor. You and your healthcare provider should decide if you will take Relistor or breastfeed. You should not do both.

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HOW TO INJECT RELISTOR

Relistor subcutaneous injection should be taken as directed by your healthcare provider and should be kept at room temperature.

Relistor injection is injected under the skin of the upper arm, stomach-area (abdomen), or thigh. Do not inject at the same spot each time (rotate injection sites).



For adult OIC patients with long-lasting (chronic) non-cancer pain

- Inject one dose of Relistor subcutaneously each day.
- Stop taking other laxatives before you start treatment with Relistor. You may resume laxatives after 3 days if needed.



For adult OIC patients with advanced illness

- Inject one dose of Relistor subcutaneously every other day as needed.
- You should not inject more than 1 dose of Relistor in a 24-hour period.
- You may continue regular laxatives as directed.

Stop taking Relistor if you stop taking your prescription opioid pain medicine. Tell your healthcare provider if your pain medicine changes.

Important Safety Information (continued)

- Also, tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.
- In a clinical study, the most common side effects of Relistor tablets in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, diarrhea, headache, swelling or a feeling of fullness or pressure in your abdomen, sweating, anxiety, muscle spasms, runny nose, and chills.

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HAVE YOU ACTIVATED YOUR CO-PAY CARD?

Download your co-pay card from Relistor.com. If eligible, you may pay as little as \$0 with the co-pay card.

In 2020, 89% of eligible commercially insured patients that filled their prescription and used the co-pay card paid \$0.

SCAN THE QR CODE BELOW TO DOWNLOAD AND ACTIVATE YOUR CO-PAY SAVINGS CARD.



If your healthcare provider has prescribed Relistor and you are an eligible commercially insured patient, you may benefit from a savings card and may pay as little as \$0 co-pay on your Relistor prescriptions.

Eligible patients can get a Relistor Instant Savings Card by calling 1-855-298-6939 or by visiting www.Relistor.com or scanning the QR code below. You will also receive refill reminders via text message.

Maximum benefits and other restrictions apply. Please see below for full eligibility criteria, terms, and conditions.



*** Eligibility Criteria, Terms and Conditions:** This offer is only valid for patients with commercial insurance, including commercially-insured patients without coverage for Relistor. Patients without commercial insurance are not eligible. For eligible patients, Salix Pharmaceuticals will be responsible to pay your co-pay/out of pocket expense for each eligible prescription fill using this savings card, maximum benefits apply. Please call 1-855-202-3719 for more information. Patient is responsible for all additional costs and expenses after the maximum limit is reached. This savings card can be used up to 12 times before the expiration date. You must activate this coupon before using it by visiting www.Relistor.com, calling 1-855-202-3719, or texting SaveNow to 24109. Message and data rates may apply. The full terms can be viewed at Relistor.copaysavingsprogram.com/sms-terms. This offer is not valid for any person eligible for reimbursement of prescriptions, in whole or in part, by any federal, state, or other governmental programs, including, but not limited to, Medicare (including Medicare Advantage and Part A, B, and D plans), Medicaid, TRICARE, Veterans Administration or Department of Defense health coverage, CHAMPUS, the Puerto Rico Government Health Insurance Plan, or any other federal or state health care programs. This offer is only good in the USA at participating retail pharmacies. This offer cannot be redeemed at other locations, including government-subsidized clinics or facilities. This offer is not valid where otherwise prohibited, taxed, or otherwise restricted. Patient is responsible for reporting receipt of co-pay assistance to any insurer, health plan, or other third party who pays for or reimburses any part of the prescription filled using the co-pay card, as may be required. This offer cannot be combined with other offers. This card has no cash value. No other purchase is necessary. This offer is nontransferable. No substitutions are permitted. This card is not health insurance. You understand and agree to comply with the terms and conditions of this offer as set forth above. Offer expires December 31, 2021. Salix Pharmaceuticals reserves the right to rescind, revoke, or amend this offer at any time without notice.

Important Safety Information (continued)

- In a clinical study, the most common side effects of Relistor injection in people with long-lasting (chronic) pain that is not caused by cancer include: stomach-area (abdomen) pain, nausea, diarrhea, sweating, hot flush, tremor, and chills.
- In clinical studies, the most common side effects of Relistor injection in people receiving treatment for their advanced illness include: stomach-area (abdomen) pain, gas, nausea, dizziness, and diarrhea.

You are encouraged to report side effects of prescription drugs to FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088. For product information, adverse event reports, and product complaint reports, please contact:

Salix Product Information Call Center Phone: 1-800-321-4576 Fax: 1-510-595-8183 Email: salixmc@dlss.com

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